

ERASMUS+ NEW SKILLS, NEW IDEAS, NEW PERSPECTIVES



OVERSEAS TEACHER TRAINING (ERASMUS+) / STAFF MOBILITY

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CES UK Organisation ID (OID): E10438517

WELCOME TO CES & ERASMUS+

CES is a multi-award-winning English language school with over 40 years' experience.

All our programmes combine high-quality teaching, real-life local experience and a commitment to excellence.

If you are an English language teacher or teach other subjects and want to expand your language skills and explore different teaching approaches, we can help.

Every year we receive many overseas teachers who come to our centres with Erasmus+ funding in order to develop their level of English or to take part in one of our many teacher training courses.



ERASMUS+ TEACHER TRAINING COURSES

Our teacher training courses are eligible for Erasmus+ funding as part of the EU's programme to support education and training in Europe.

Our courses for teachers and higher education staff are designed to meet the professional development needs of third level university staff who are increasingly required to communicate in English.

If you work in a higher education institution as an academic, researcher, teacher or administrator we can offer you a course to suit your professional requirements. Our courses are delivered by a team of highly qualified and experienced trainers, who give guidance, support and feedback to all participants.

ERASMUS+ GENERAL ENGLISH COURSES

Our General English Courses are also eligible for Erasmus+ funding and are designed to help you learn English on an immersive programme that maximises classroom time with continuous focus on improving your overall communicative skills and fluency.

You will also have access to our social and cultural programme specifically designed to help you practise and improve your English and explore our different CES locations.

This course can be taken as a one or two week programme and it is offered at 6 levels to cater for language learners at different stages on their journey.



COURSE OPTIONS

THE 21ST CENTURY CLASSROOM-P4

DIGITAL, AI & INNOVATION-P4

NEW TEACHING METHODOLOGY-P5

CONTENT LANGUAGE INTEGRATED LEARNING (CLIL)-P5

SUSTAINABILITY & MINDFULNESS-P6



All Courses includes:

- 25 hours of classroom input (am & pm sessions)
- 5 days of classes (Monday to Friday)
- 2 afternoons of Culture
- Access to our Google Classroom
- Optional Social Programme
- Certificate of attendance

*"The teachers were great.
The course was updated and the
contents were totally adaptable to teach
face-to-face or, as in my case, online.
I'm already planning to come back
to Dublin."* MARIANA, 2026

COURSE DETAILS

COURSE PRICES-P6

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*"This course helped me a lot to become
more confident - not only in speaking
English, but also in teaching in English.
What I liked the most was the relaxed
and open atmosphere which made it
easy for me to stay focused."* ANA, 2026



OUR ACCREDITATIONS



Disclaimer: The contents of this brochure are intended for information only and shall not be deemed to constitute a contract between Centre of English Studies and an applicant or any third party. While every effort is made to ensure the accuracy of the information, CES reserves the right to make changes affecting policies, courses,

fees, curriculum, or any other matters announced in this publication without prior notice. Students should keep informed as to the conditions and regulations applicable to their particular situation at any given time. For full terms and conditions, please see ces-schools.com.



THE 21ST CENTURY CLASSROOM

This course explores the skills and teaching approaches needed to prepare students for today's fast-changing world. Participants examine how to promote creativity, communication, collaboration, critical thinking and digital literacy through engaging classroom activities.

We explore innovative methodologies, blended learning, mediation, and learner centred approaches that encourage active participation and independence. Through practical workshops and discussion, participants gain fresh ideas for creating dynamic, inclusive and future focused learning environments that meet the needs of modern learners.

TOPICS COVERED INCLUDE

- Introduction and Needs Analysis
- Technology and AI in the Classroom
- The Teacher in the Modern Classroom
- Blended Learning
- Mediation in the Classroom
- Digital Literacy
- Rethinking Creativity
- Inclusivity
- Developing Listening
- Assessment
- Mindfulness

Cultural sessions and free afternoons to explore your location are available at all our schools.

DIGITAL, AI & INNOVATION

This course introduces participants to effective ways of combining face-to-face teaching with digital learning tools and online resources. Throughout the course, participants will explore practical approaches to bring AI and new technological advances into the classroom and develop their students' digital literacy. By the end of the course, participants will have the tools and ideas to implement in their classrooms to enhance student engagement and participation through the use of AI and digital resources.

TOPICS COVERED INCLUDE

- Introduction and Needs Analysis
- The Teacher in the Digital Classroom
- Technology and AI in the Classroom
- Developing skills through Blended Learning
- Digital Literacy
- Online Tools for Language Development
- Presenting New Language
- AI for Lesson Planning and Assessment
- Boundaries with AI and Digital Tools

Cultural sessions and free afternoons to explore your location are available at all our schools.

"I met different colleagues from Europe. The teacher really gave me plenty of new ideas that I'm going to implement this year. CELINE





NEW TEACHING METHODOLOGY

Our Methodology course helps participants develop and refresh their classroom practice through modern language teaching approaches and practical techniques. Participants explore areas such as lesson planning, communicative teaching, presenting new language, developing skills, and student motivation.

Through workshops, discussion and collaborative activities, participants reflect on their own teaching and discover new ways to engage learners effectively. The course is suitable for both experienced teachers and newer professionals looking to build confidence and expand their teaching toolkit.

TOPICS COVERED INCLUDE

- Introduction and Needs Analysis
- Promoting Learner Autonomy
- Teaching Vocabulary and the Lexical Approach
- Developing Productive Skills: Speaking and Writing
- Culture Session
- Developing Receptive Skills: Reading and Listening
- Reviewing New Language
- Assisting Teenagers and Younger Learners
- Using Dictation effectively in the Classroom
- Task Based Learning

Cultural sessions and free afternoons to explore your location are available at all our schools.



CLIL (CONTENT LANGUAGE INTEGRATED LEARNING)

This course explores how to teach subject content and language together in motivating and meaningful ways. Participants learn practical strategies to help with integrating language skills into subjects such as science, history and geography while supporting communication and critical thinking.

Through workshops, lesson planning and collaborative activities, participants discover how to scaffold learning, encourage interaction and design engaging CLIL lessons suitable for a variety of classroom contexts and learner levels.

TOPICS COVERED INCLUDE

- Introduction and Needs Analysis
- What is CLIL? - Theory and Terminology
- Instructions and Classroom Language
- Mindset and Confidence Building
- Dealing with Unknown Language
- Strategies for Supporting Learning
- Critical Thinking in the CLIL Classroom
- Using Visual Organisers
- Planning a CLIL Lesson

Cultural sessions and free afternoons to explore your location are available at all our schools.

"Thanks to the Erasmus+ programme, I had the opportunity to attend the Methodology course at CES. It has been a truly inspiring experience. I would definitely recommend CES to any teacher looking for professional development in an international environment." MARIA LUISA





SUSTAINABILITY & MINDFULNESS

This Sustainability and Mindfulness course introduces practical techniques for creating calmer, more positive and more focused learning environments. We focus on how mindfulness can support student wellbeing, concentration, emotional awareness and stress management, while also promoting teacher self-care.

We also focus on what steps students and a school can take to promote sustainability, raise the awareness of the impact we have on our surroundings and what we can do to be more environmentally responsible.

TOPICS COVERED INCLUDE

- Introduction and Needs Analysis
- Sustainability in the Classroom
- Dealing with Motivation and Behaviour
- Promoting a Greener Classroom
- Reducing Friction Factors in the Classroom
- Review of Basic Methodology
- Techniques for Holistic Development
- The Modern Classroom
- Mindfulness Strategies: Knowledge Share Session
- Making Plans for My Practice

Cultural sessions and free afternoons to explore your location are available at all our schools.



ERASMUS+ COURSE FEES

Teacher Training Course fees

LOCATION	1 WEEK
Dublin	€475
Edinburgh	£405
Leeds	£405
London	£405
Worthing	£405

Intensive General English Course fees

LOCATION	1 WEEK
Dublin	€445
Cork	€370
Edinburgh	£410
Leeds	£395
Oxford	£410
London	£410
Worthing	£375

Additional fees in Irish schools

Course Registration fee	€85
General English programme coursebook fee	€33

Additional fees in UK schools

Course Registration fee	£75
General English programme coursebook fee	£37

Our optional social activities range from complimentary in school events to external activities and trips for an additional fee.

Our CES locations offer different residential and homestay accommodation options for students.

For more information and pricing please visit our website. www.ces-schools.com/accommodation

NB: Bank charges may apply



Erasmus+

ERASMUS+ TEACHER TRAINING DATES

Can't find what you're looking for? Want to book a closed group course?

Location	CLIL	Sustainability & Mindfulness	The 21st Century Class	New Teaching Methodology	Digital, AI & Innovation
Dublin	5th July 19th July	9th August	5th July 19th July 23rd August	28th June 12th July 26th July 9th August 23rd August	16th August
Leeds	19th July 2nd August			28th June 26th July	
Edinburgh	5th July			12th July 9th August 23rd August	
Worthing		5th July 26th July	12th July 9th August	2nd August	19th July 23rd August

Our expert team is here to provide personalized support and guidance regarding your course requirements. We can create a customised course for your team of 5+ participants or combine your group with other individuals with similar needs. We are also able to offer courses outside of the summer season to work with your teaching schedules.

For more information about our services, products, or if you want to discuss your options, we're ready to help. Feel free to reach out to us.

Please note that a minimum of 5 participants is needed to run a specific course. Should we not have this number two weeks in advance of the start of a course, participants who have booked a course will be contacted with their options.

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FREQUENTLY ASKED QUESTIONS

When can I start my course?

General English classes take place throughout all of the year at all of our centres. Teacher Training courses take place from 28th June until 27th August in Dublin, Edinburgh, Leeds and Worthing. For specific dates and requirements contact the OST team to enquire about additional availability outside of the specified period.

What times are my lessons?

Ireland

All classes Mon-Fri 09.00-13.00
General English, Tues-Thurs 14.00-16.00
Teacher Training, Tues and Thurs 14.00 – 16.30

UK

All classes Mon-Fri 09.30-13.00
General English, Tues-Thurs 14.00-16.30
Teacher Training, Tues & Thurs 14.00-16.30

Do CES courses meet the required number of hours for Erasmus+?

Our Teacher Training Courses are 25 hours in total, as per the Erasmus+ requirement.

What is the minimum level I have to be to join a teacher training course?

We ask that all participants have a minimum level of B2 so that they can fully benefit from the course.

What if I find the course too difficult, can I move to another class?

Yes. It is possible to move to a General English class suited to your level. You will be asked to complete a CES placement test to check when booking your course. Please remember that the minimum level requirement for all Teacher Training Courses at CES is B2.

Will I receive a certificate?

Yes. Each participant will receive a certificate detailing the course hours and dates on the final day of their course.

Who do I contact regarding Erasmus+ documentation?

Our Erasmus team can help you with any queries you have about Learning/Mobility Agreements. Please contact us at ost@ces-schools.com

How do I fill out my Learning Agreement?

It is the responsibility of the participant to fill out the Learning Agreement. Guidelines and templates can be found with this QR Code.



Please note that the documentation required for the Mobility can vary from country to country. Please contact your sending institution/Erasmus+ coordinator regarding what documents you require.

"I really loved to learn all the skills about CLIL and also getting to know other teachers from other countries. In total, it was a great experience with great teachers. I can absolutely recommend the Centre of English Studies." DORIS, 2026



DUBLIN, the vibrant capital of Ireland, offers a unique experience beyond just language education. Explore historic sites, world-class museums, and a lively night life. Learning and studying in this culturally rich setting makes the experience truly unforgettable.



CORK, is Ireland's second largest city, known as the 'real capital' by the locals. Cork is famous for its friendly and fun loving people. Rich in history and culture with an excellent range of pubs and restaurants, Cork provides lots of things to see and do when you visit.



LONDON is a fantastic place to study English - full of history, culture and exciting things to do. Wimbledon, where the school is located and famous for the tennis, is full of interesting shops, cafes, bars and restaurants making it an ideal location for training and study.



EDINBURGH, with CES right in its heart, is an ideal location to study and experience one of the UK's most intriguing cities. Scotland's unique and distinctive culture, its historic city buildings and friendly inhabitants will stay with you a lifetime.



OXFORD Located in the beautiful village of Wheatley, CES Oxford is the ideal choice for students who want a break from the hustle and bustle of a large city centre and instead prefer to study in a more relaxed environment where they can sample a traditional England.



WORTHING CES offers a relaxed environment in a small seaside town on the south coast of England. Full of traditional English charm and a thriving seafront of activities there is plenty to do and experience between lessons and activities in the school.



LEEDS can easily claim to be the metropolitan capital of Yorkshire - a bustling commercial and university city with always something to do anytime of the day, any day of the week. CES is housed in a historic Georgian Terrace in the heart of the city.

CES IRELAND

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