



Specialist Language Courses

in partnership with  
**Centre of English Studies**



# English for International Nurses

## GETTING THE ESSENTIALS RIGHT

Communicating accurately and effectively is critical to the safety, care and wellbeing of patients.

This 100-hour, online course teaches the English that nurses need to communicate effectively in all essential situations at work, including key patient interactions, clinical pathways, giving accurate handovers, drugs calculations, post-operative and end-of-life care.

The course is designed for nurses with low-intermediate or intermediate (B1) level of English who work, or are preparing to work, in an English-speaking environment.



*“It’s a well-written, user friendly programme that will really help international nurses get to grips with the practical language and realities of nursing in the NHS.”*

**Anne Conway**, Language and Cultural Awareness Facilitator, South Devon Healthcare NHS Foundation Trust



## Course Content

### Introducing yourself and saying what you do

- Welcoming a patient
- Talking to patients and colleagues
- Describing your role and responsibilities
- Staff in the hospital
- Medical terminology
- Everyday healthcare language
- Hospital charts: patient admission form

### Talking about pain

- Types of pain
- Pain severity and location
- Administering pain medication
- Types of painkillers, side effects
- Chronic pain: osteoarthritis
- Hospital charts: pain scales
- The body: anterior and posterior

### Pressure area care

- Pressure ulcers and ulcer stages
- The body: the lower back and buttocks
- Changing a patient’s position
- Intentional rounding
- Pressure area care of wheelchair-bound patients
- Waterlow pressure area assessment tool
- The body: lower back and buttocks

### Injuries and falls

- Falls and injuries
- Sprains, strains, fractures and dislocations
- Care of a patient with a plaster cast
- Giving a handover
- Writing an incident report
- Hospital charts: Falls Risk Assessment
- The body: legs, thighs, hips, feet

### Infection Control

- PPE, micro-organisms, HCAIs
- Taking a blood sample
- Taking a temperature, abnormal readings
- Wound infections, burns chart
- Isolation nursing
- Hospital chart: wound care chart
- The body: skin, nails, hair

### Intravenous therapy and IV injections

- IV equipment, needle stick injuries
- Administering IV fluids
- Checking and giving an IV antibiotic; VIP scores
- Drug calculations
- Taking about clinical pathways
- Hospital charts: fluid balance chart
- The body: arms and hands

### Administration of medications

- Types of medication
- Checking drugs, dose, frequency, allergies
- Discussing side effects and precautions
- Medication and the elderly
- Putting in eye drops and eye ointment
- Hospital charts: drug charts
- The body: ears and eyes

### Breathing difficulties

- Respiration and respiratory difficulties
- Breathing equipment
- Asthma – types of inhalers and nebulisers
- Upper respiratory tract infections
- Discussing lifestyle changes
- Hospital charts: oxygen prescription
- The body: the chest

### Post-operative care

- Vocabulary of post-operative care
- Taking a handover in Recovery
- Explaining discharge information
- Managing phone enquiries
- Using SBAR to communicate with colleagues
- Hospital documentation: district nurse referral
- The body: the abdomen

### End-of-life care

- Types of cancer and cancer treatment
- Talking about chemotherapy side effects
- Managing unpleasant symptoms post- radiotherapy
- Palliative care
- Supporting relatives
- Hospital charts: DNAR orders
- The body: mouth and throat

**Inputs:** during the course, learners listen to conversations, read medical texts, watch animated videos, role play dialogues, analyse hospital charts, look at work-related photographs and images, and study vocabulary, grammar and pronunciation focus points.

**Exercises:** learners take a wide range of exercises to help learn the language they need. The exercises concentrate on learning the English required in a wide variety of work-based scenarios.

**Length:** 100 hours, with each unit designed to take 10 hours to complete.

**Progress Assessment:** at the end of every unit, there is a progress review and test so participants can assess what they have learnt.

**End of Course Achievement Certificate:** delivered electronically on course completion. 80 CPD Points.

